



- 1 out & back





Heart & Sole
Women's
run series

Proudly sponsored by  Generation
HOMES

5km Course Map

- 1 out & back



Key:



= start



= 2.5km turn



= finish





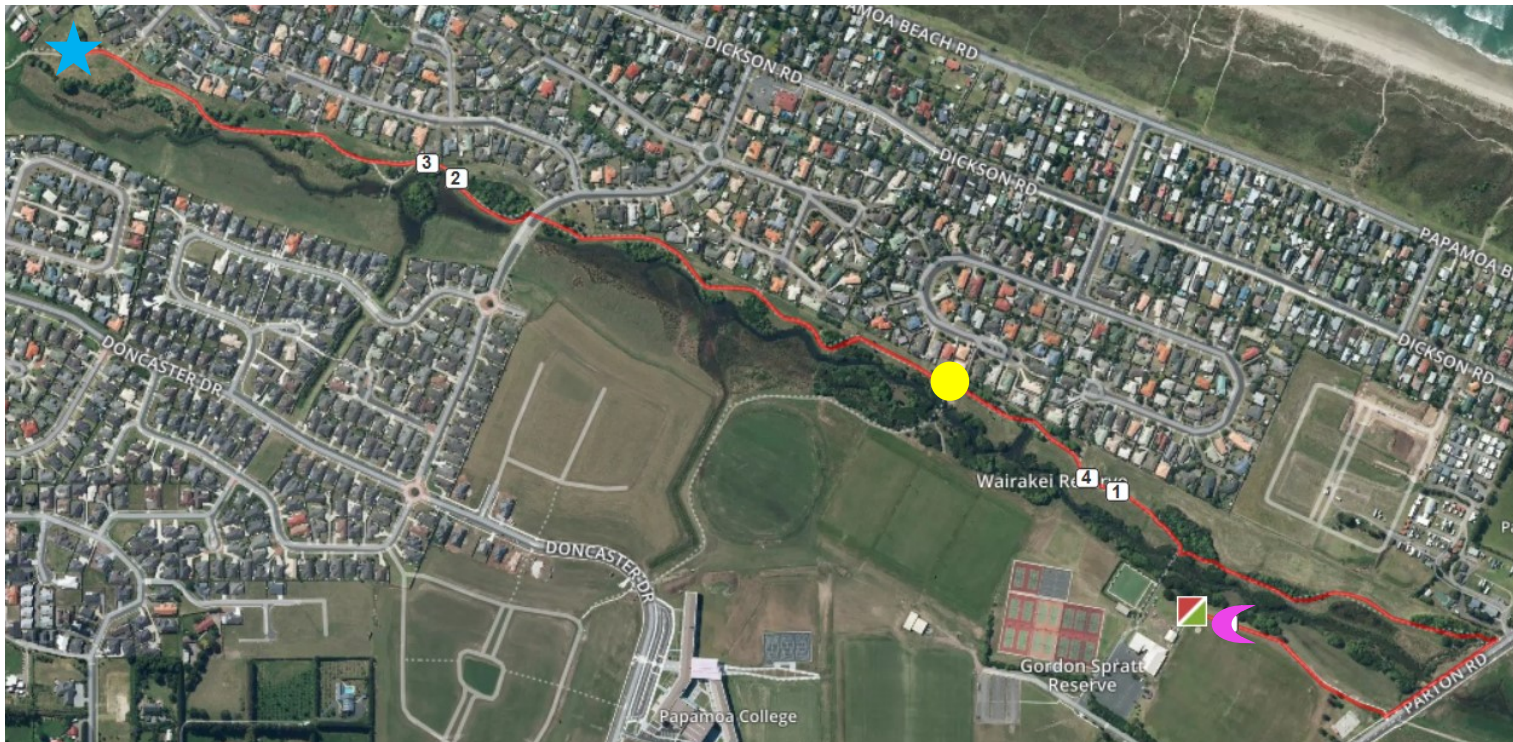
Heart & Sole
Women's
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7.5km Course Map

- 1 long & 1 short out and back lap



Key:

-  = start
-  = turn 1
-  = turn 2
-  = turn 3
-  = finish

